Lotus Medical
5 Star Award Winning Surgery

Breast Augmentation in Thailand

A Complete Guide to Safe, Affordable & Beautifully Natural Breast Implants

Prepared by Lotus Medical — Thailand's 5-Star Award-Winning Cosmetic Surgery Provider

For anyone researching **plastic surgery Thailand** options, this guide walks you through everything you need to know about **breast enlargement Thailand** procedures — from surgeon qualifications and implant choices to recovery timelines and pricing. Lotus Medical has spent years building a reputation as one of the region's most trusted names in **breast augmentation Thailand** patients recommend to friends and family.

Phuket, Thailand | International Patient Care Team | Board-Certified Plastic Surgeons

Who We Are

Lotus Medical is an international patient care company built around one simple idea: that life-changing cosmetic surgery should be safe, transparent, and genuinely supportive from the very first enquiry through to full recovery. We work exclusively with board-certified, highly experienced plastic surgeons and internationally accredited hospitals in Thailand, and we pair every client with a dedicated coordinator who manages the practical side of the journey — travel logistics, hospital scheduling, aftercare and everything in between.

Our team has guided thousands of international patients through cosmetic procedures, and breast surgery remains one of the most requested treatments we arrange. We take pride in matching each client with a surgeon whose experience and aesthetic style suit their goals, rather than offering a one-size-fits-all package.

A patient lounge at one of our partner hospitals in Thailand.

Why Patients Choose Plastic Surgery in Thailand

Thailand has become one of the world's leading destinations for cosmetic surgery, and for good reason. Patients travelling for **plastic surgery Thailand** procedures benefit from a combination of advantages that are difficult to find anywhere else:

• Significant cost savings compared with equivalent surgery in Australia, the UK, the US or Europe, without compromising on the quality of implants, equipment or surgical technique.

• Highly experienced surgeons who perform a very high volume of breast procedures each year, giving them refined technical skill and an eye for natural-looking results.

• Internationally accredited hospitals equipped with modern operating theatres, private recovery suites and attentive nursing staff.

• The chance to recover in comfort, often combining the trip with a relaxing stay in a world-renowned holiday destination.

• A fully coordinated experience, with support before, during and after surgery so patients never have to navigate the process alone.

Our Commitment to You

Every client who works with Lotus Medical receives a personalised consultation, a clear breakdown of costs with no hidden fees, and ongoing support long after the surgery itself is complete. Our 5-star reputation has been built one patient at a time, through consistent attention to safety, communication and genuine care.

Understanding Breast Augmentation

Breast augmentation is one of the most popular cosmetic procedures we arrange, chosen by women who want fuller, firmer breasts or who wish to restore volume lost after pregnancy, breastfeeding or weight change. When people search for **breast enlargement Thailand** providers, they are usually looking for a trustworthy team who can guide them through implant choice, surgical technique and recovery — which is exactly the role Lotus Medical plays.

Implant Options

Our partner surgeons work with premium-grade silicone implants available in round or teardrop shapes. Round implants tend to create fuller upper-pole volume, while teardrop implants can offer a softer, more gradually sloped, natural silhouette. Implants are also available in a range of sizes and projection profiles, and your surgeon will help determine the combination best suited to your frame and desired outcome during consultation.

A consultation and treatment room where implant options are discussed.

Incision & Placement Techniques

Surgeons typically use a discreet incision along the natural breast crease, allowing the implant to be positioned precisely while keeping scarring minimal and well hidden. Depending on individual anatomy, implants may be placed above the muscle, below the muscle, or using a dual-plane technique that combines both approaches for a soft, natural result. Where a lift is also required, additional techniques can reposition and reshape the

breast at the same time.

What to Expect on the Day

The procedure is performed under general anaesthetic and typically takes between two and three hours, followed by an overnight hospital stay for observation and comfort. Most patients describe the days that follow as more uncomfortable than painful, and appropriate pain relief is provided throughout the recovery period.

A private recovery room for overnight hospital stays.

Recovery Timeline

Timeframe	What to Expect
Days 1-2	Hospital stay, rest, and initial swelling with light dressings kept dry.
Days 5-6	Follow-up consultation with your surgeon to review healing progress.
Day 6+	Patients are generally cleared to fly home.
Weeks 1-2	Most patients return to non-strenuous work; a supportive sports bra is recommended.
Up to 6 months	Full settling of the implants and fading of scarring continues gradually.

As with any surgical procedure, breast augmentation carries a degree of risk, including rare possibilities such as capsular contracture or changes in nipple sensation. Our partner surgeons minimise these risks through careful technique, high-quality implants and thorough pre-operative assessment, and every risk is discussed openly with you well before your surgery date.

Investment & Package Guide

One of the biggest draws of **breast augmentation Thailand** packages is transparent, accessible pricing. Below is an indicative overview of typical treatment packages arranged through Lotus Medical; exact pricing is confirmed after your personal consultation, based on your chosen surgeon, implant type and any additional procedures required.

Package	Typical Hospital Stay	Total Days in Thailand
Breast Augmentation - Round Implants	1 night	Approx. 7 days

Breast Augmentation - Teardrop Implants	1 night	Approx. 7 days
Breast Augmentation with Lift	1-2 nights	Approx. 12-14 days

Packages generally include the surgical fee, hospital stay, surgeon and anaesthetist fees, and a follow-up consultation. Flexible payment plans are available for clients who prefer to spread the cost of their treatment, and our team is happy to talk through every line item before you commit to anything.

Why Choose Lotus Medical

- Award-winning, 5-star rated service built on genuine patient care.
- A curated network of board-certified surgeons specialising in breast surgery.
- Fully coordinated packages covering surgery, hospital stay, transfers and aftercare guidance.
- Honest, no-pressure consultations that put your safety and comfort first.
- A dedicated support team available before, during and after your trip to Thailand.

> *"From the very first enquiry to the day I flew home, I felt genuinely looked after. The whole experience gave me so much more confidence than I expected."*
> *— A Lotus Medical breast augmentation client*

Ready to Take the Next Step?

If you are exploring your options for **breast enlargement Thailand** surgery, our team is ready to answer your questions and arrange a free, no-obligation consultation. We'll talk through your goals, explain your implant options, and give you a clear, honest picture of pricing and timelines — so you can make your decision with total confidence.

Get in Touch

Phuket, Thailand
International enquiries welcomed
Free online consultations available

Discover a new you.

This guide is provided for general information only and is not medical advice. Final recommendations and pricing follow a personal consultation with a qualified surgeon.